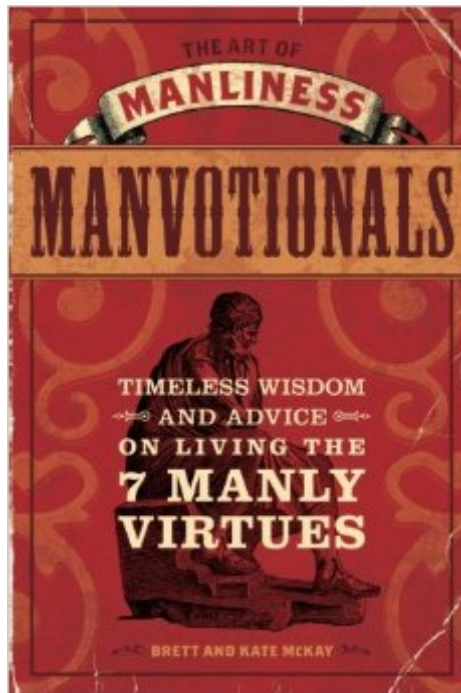


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# The Art Of Manliness - Manvotionals: Timeless Wisdom And Advice On Living The 7 Manly Virtues



## Synopsis

Based on a popular series, "Manvotionals" is a collection of the best advice ever written down for men. From the philosophy of Aristotle to the success books of the late 19th and early 20th centuries to the speeches and essays of Theodore Roosevelt, the book contains the manly wisdom of the ages - a myriad of poems, quotes, and essays designed to inspire men to live life to the fullest and realise their complete potential as men. The book is divided into 7 Manly Virtues. Each chapter helps the reader understand a particular virtue and become inspired to live it.

## Book Information

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Average Customer Review: 4.7 out of 5 starsÂ Â See all reviewsÂ (122 customer reviews)

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## Customer Reviews

Length: 4:12 Mins

Overall - I give this book 5 out of 5 Stars. An Excellent Read from Start to Finish.3 Things I love About ManvotionalsWell Written Selection From History's BestMen Quoted In Manvotionals include:Marcus AureliusJack LondonTeddy RooseveltWilliam WordsworthBen FranklinRudyard KiplingMartin Luther KingFrederick DouglasAbraham LincolnSenecaBrett and Kate also do a good job bringing in more modern quotes and lesser known men in addition to the familiar names above.Time Tested3000 Years of Wisdom - quotes come from men who lived before Christ and men still alive today.Broken Into Easy to Read Pieces & Well OrganizedManvotionals can be read in small spurts or all at once. It has easy to grab quotes, solid short storied (300 words) and conManvotionals is broken into 10 sections, with 7 main parts focusing on the 7 virtues.The 7

Virtues are: Manliness, Courage, Industry, Resolution, Self Reliance, Discipline, Honor. Suggested Small Improvements: Perhaps they could publish a larger coffee table version with color pictures. The focus on only 7 virtues is a bit limited - it could be argued they missed other important aspects of what it means to be a man. I have a 7 Year old son - I'll be passing this book onto him at the right time. I want to introduce him to these concepts - which to me is the best and final gauge of its value.

This book is a daily dose of inspiration with a focus on Virtue as it was understood and appreciated in the ancient world. While the concept of virtue may seem almost antiquated in the thoughts of some, the authors have made a strong case for its relevance by collecting essays, poems, and letters from great men in history which show how crucial virtue is for developing mature manhood. In the introduction to the book, the authors make an excellent case for the promotion of manliness, explaining that while some might see it as the opposite of womanhood, it is intended rather to promote the opposite of childhood, and as such has relevance for women as well. *Manvotionals* gives us a peek into the hearts of great men such as Benjamin Franklin, Teddy Roosevelt, Walt Whitman, Frederick Douglass, Rudyard Kipling, and ancient voices like Euripides, Aesop and Marcus Aurelius. Through their words we hear what virtues inspired them, and how they focused their lives to become men of renown. Rather than feeling shamed for not living up to my potential in comparison to these giants, I instead feel desire to achieve and become. How could I not like this book, when it stirs such inspiration?

Full disclosure: I received an advance copy a few weeks ago as a contributor to the AoM site on all things outdoorsy. My 18 year-old son is reading it now after I finished it. Keep a pencil, you'll want to underline and write in the margins. I know it's sacrilege to some bibliophiles, but hey, you paid for it. The Art of Manliness website is a great resource for men of all ages. It's not about macho...it's about manliness...being a man. Strong, not violent. Wise, not arrogant. Educated, not snobbish. A gentleman, not a man-child. Masculine, not emasculated. In *Manvotionals*, Brett and Kate have compiled a nice collection of stories, quotes and other information that will make you think (or rethink) about the leaders of the past who were manly in the best sense. The cowards who "lead" today could take a page from men who told the truth and were more interested in being effective than being important.

I had an excellent father. I purchased this book about two weeks prior to him passing away earlier this week. I had been reading this each night prior and when I was asked if I wanted to speak, I

used this book as the foundation of my speech. In my writing of the obituary my creative juices were running low. While it was one of the most difficult speeches I've ever had to make many people came up to me in awe of the insight and way that the words flowed. I owe Brett McKay's research into philosophy for a eulogy that was worthy of the lessons my father taught me. Thank you to the McKay's and for putting together a book that has the knowledge every man should pass on to his heirs. Kory

Brett McKay, the driving force behind the Art of Manliness website and book, has stated that "all great men throughout history, virtually without exception, studied the writings of other great men to broaden their perspective and improve themselves." Here he has put that into practice by writing a book on what he considers the seven manly virtues, filling it with the writings of great men which support or exemplify each of these virtues. Contained within this book with its faux distressed cover and woodcut-style art are the writings of Marcus Aurelius, Aesop, Aristotle, T. Roosevelt, A. Lincoln, Whitman, Thoreau, Emerson, Wordsworth, Alfred Lord Tennyson, Longfellow, and others. It could be read cover-to-cover, or used as a devotional by selecting a reading a day. Anyone, but especially any man, who wishes to be a better person and live a more virtuous life would benefit from reading this book.

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